

2024 - 2025

# Annual Report

---

Supporting engagement and participation in the development and delivery of mental health and social care services in Lanarkshire



[admin@lanarkshirelinks.org.uk](mailto:admin@lanarkshirelinks.org.uk)



[www.lanarkshirelinks.org.uk](http://www.lanarkshirelinks.org.uk)

# Content

## What's inside

3 Introduction

4-6 Quarterly Members Meetings

7-8 Stigma Free Lanarkshire

9-10 Engagement and Participation

11 Peer Workers

13-18 Statement of Finances

# Introduction

---



Welcome everyone to our 2025 AGM, and thank you for joining us today. A special welcome goes to our new members who are attending for the first time, and our thanks also to the partner agencies across Lanarkshire who continue to support the work of our charity.

This is an exciting time for Lanarkshire Links, particularly as we welcome several new team members. As you know, we continue to gather our members' views on current practices within Lanarkshire's Health and Social Care sector. Through the Community Mental Health and Wellbeing Fund, we have now been able to expand this work by appointing three new staff members focused on engaging with young adults — a group we have historically found more difficult to reach.

We are delighted to welcome Ava Allan, our new Social Media Officer; Megan Finlay, Young Adults Development Officer for North Lanarkshire; and Becca Hibbard, who will be extending her current role to lead our young adults' work in South Lanarkshire.

We believe mental health services improve when people with lived experience — whether as individuals or carers — are recognised as experts by experience. Change is only possible if we work together, so please share your views at [admin@lanarkshirelinks.org.uk](mailto:admin@lanarkshirelinks.org.uk) or [www.lanarkshirelinks.org.uk/tell-us-your-issues/](http://www.lanarkshirelinks.org.uk/tell-us-your-issues/). Your voice is vital in shaping services locally, nationally, and at the Scottish Government level.

My thanks to the Management Committee (Trustees) for all their hard work. Appreciation goes to all of you as volunteer members for participating in the quarterly meetings and all the other roles you have taken on this year to support Lanarkshire Links. Your work is central to the work that we do.

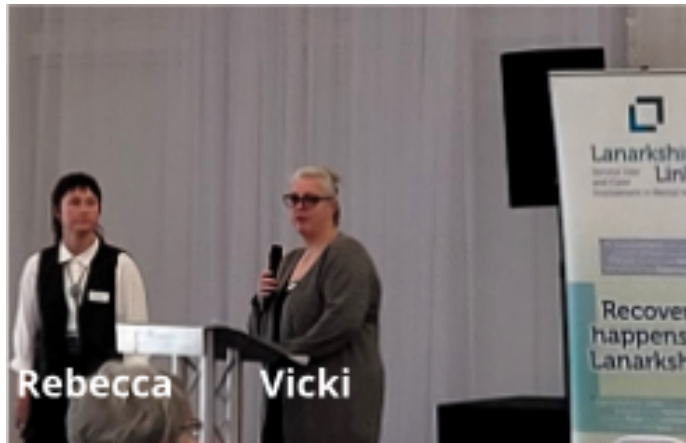
The years ahead for mental health services are going to be challenging, and we look forward positively to continue to ensure the inclusive engagement and participation ensuring the voice of services users and carers throughout Lanarkshire are heard in every area.

## Liz MacWhinney

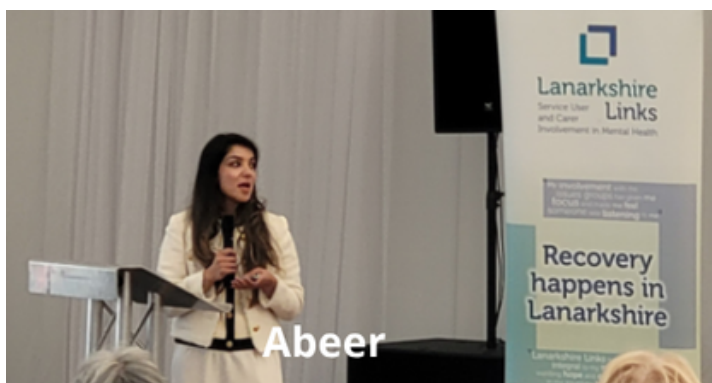
MANAGER OF LANARKSHIRE LINKS

# Quarterly Members Meetings

At our 2024 AGM Vicki Allan of Lanarkshire Links gave an update on the development of the MH&WB Community Groups. In response to consultation with the membership a successful application was made to Awards for All Lottery Funding to provide additionality at the groups. See Mental Health Matters Magazine for more information.



Abeer Ashraf representing VANL's Mental Health Network for North Lanarkshire informed our members of some of the work being carried out at VANL around Communities Mental Health and Wellbeing Fund Phase 4, Children and Young People Fund Phase 5, the Mental Health and Wellbeing Network and the launch of facilitating training for Voluntary Sector.



At the December meeting, in response to continuous evaluations that there was a focus on North Lanarkshire we arranged input from colleagues providing health and wellbeing services to people across Lanarkshire. Dr Sean Hunter, NHSL Psychology, spoke about psychology services in primary care and the developments that his team are working on currently. Stress Control is now back after a pause during the pandemic and there is a Lanarkshire wide reach now in place across the localities. The team is also working on individual interventions – remote guided self-help and brief CBT. Lanarkshire Links has participated in the current service review and redesign of the Primary Care Mental Health Service and welcome the teams' development of individual interventions. We agreed to further engagement with Sean as this work moves forward and he has agreed to return and engage at a future members meeting.



# Quarterly Members Meetings

Lorraine Swan Stigma Free Lanarkshire Senior Development Officer brought us up to date on the work being carried out by the programme. The Peoples' Network launched on 22nd January 2025. This network will be a platform for individuals with lived experiences, advocates, professionals, and community members to come together. Its purpose is to foster collaboration, share resources, and strengthen our collective efforts to reduce stigma across Lanarkshire.



Chris Simpson Health Improvement Senior - Hamilton Locality - Recognising that there is no health without good mental health, it's important to understand how physical health impacts everyone and plays a key role in sustaining recovery. Chris highlighted the six public health priorities, with mental health identified as priority number three. He emphasised that it is normal to experience difficult emotions during challenging times, but there are many ways to access help and support.



In March 2025 members were given the opportunity to engage with a number of service providers including:

- Adam Brodie: Associate Medical Director of the MH&WB Strategy
- Jean Guy: Debt Advisor from NL Tackling Poverty Team
- Graham Morgan: E&P Officer for the Mental Welfare Commission
- Susan McMorrin: Senior Health Promotion Officer for NHSL.

Feedback from members included:

'Outstanding presentation from Graham Morgan.'

'Excellent information for the times we are living in now.'



# Quarterly Members Meetings

Our June 2025 Members meeting had another comprehensive agenda where Lanarkshire Links Members were consulted on North Lanarkshire's MH&WB Strategy and Delivery Plan. The presentation, led by Steven McKendrick, outlined North Lanarkshire Council's strategic approach to improving MH&WB across the region. Members particularly valued the opportunity for open discussion, and the presenters' willingness to listen and interact. Several comments highlighted that the presentations gave them hope for a better system as well as a better understanding of support available.



The Distress Brief Intervention (DBI) team shared with the Members that they offer a short-term, non-clinical support to individuals experiencing emotional distress. Common issues presented by the people who use their services included:

- Stress and anxiety
- Low mood and suicidal thoughts
- Self-harm and sleep problems
- Social difficulties

Lanarkshire Links members shared that they found the information shared informative and

were pleased to have the opportunity to have their questions answered by the speaker. Many of the members shared that they were unaware this service existed in Lanarkshire and were really impressed that this is available to them.



Becca introduced four members who were able to share their creative talents where each of them delivered powerful presentations of their work. Each of them read a poem that they submitted which reflected their personal lived experience with mental health.

They displayed incredible courage and vulnerability by reading aloud their poems from the Invisible collection. Sharing such deeply personal reflections in a public setting requires strength, and each of them did so with honesty and authenticity.



# STIGMA FREE LANARKSHIRE

Stigma Free Champions Programme:  
The five new champions from Health Improvement, HMP Shotts and North Lanarkshire Alcohol and Drug Partnership have completed the workshop T4T. The team delivered an information session with a team member from The Givit to provide her with an overview of the champion role. She will now join the Champions programme and deliver the Understanding Stigma workshop to 16 to 25 year olds affected by substance use.

**Action identified by attendees**

*'Avoid harmful and stigmatising language and check in on people'*

*'I will keep in mind how we as interpreters sign vocabulary linked to stigma and discrimination'*

*'Try to be approachable within my work and private life'*

*'Share signposting tool as an option for people on where to get help'*



**Understanding Mental Health Stigma Workshop**  
Join the Movement in Lanarkshire

A FREE interactive workshop helping attendees understand stigma and discrimination by the end of the session you will:

- Have a better understanding of what mental health stigma and discrimination is
- How this affects people's recovery from mental illness
- Why it is an important issue to tackle
- Engage in information and resources

Places to attend the workshop (Understanding mental health) are limited. Book your place now!

- Thursday 10th September 2025, 10am - 12pm
- Thursday 10th October 2025, 10am - 12pm
- Thursday 10th November 2025, 10am - 12pm
- Thursday 10th January 2026, 10am - 12pm

For more information visit <https://www.nhs.uk/health-stigma-workshop>

The workshop is free and open to all. Places are limited. Book your place now!

- Round table discussions where member identified actions.
- MH stigma lived experience speaker delivered an impactful speech highlighting the need for stigma free mental health and suicide prevention services.
- Performance by nine young people from GoTo sharing their MH journey. The young people's stories about their struggles, stigma experiences, progress, and advice to their younger selves.
- Q&A that gave attendees the chance to engage directly with the young people, further highlighting the importance of lived and living experience in shaping better mental health support systems.
- Post event evaluation focus groups to direct future meetings and activity.
- Tools and resources that support action have been shared.

## People's Stigma Free Network

The network provides a platform for open conversations, sharing best practices and invaluable insights, with a focus on successful initiatives within Lanarkshire's communities. Members can contribute ideas, inspire others, and drive further efforts to create safe spaces while tackling mental health stigma and discrimination.

The network has eighty members. We have had two Network meetings this year in both January and April 2025.

During these Network meetings we have had a variety of activities including:

## SFL Next steps:

- Review member's stigma free activity.
- Identify ways to showcase good practice.
- Scope ways to stay connected between each quarterly meeting.

September meeting is on the 23<sup>rd</sup> of September 2025. To sign up and attend please use the following QR code:



# Stigma Free Lanarkshire

## Alcohol & Drug Partnerships (North and South ADP)

SFL are partnering with the ADP to explore the impact and complexity of intersectional stigma, to do this we have completed the following actions:

- One of the SFL team attended a training session held by The Scottish Drugs Federation.
- NLADP Peer Worker facilitated discussions at People's Stigma free Network Event in April.
- We met with our partners at NLADP to discuss their involvement in Intersectional Stigma event.
- Peer Worker now trained as a Stigma Free Champion.

## Sakoon Mind

SFL continue to partner with Sakoon Mind and Health Improvement teams to define how the programme can support their anti-stigma approach and develop an understanding of the mental health stigma experienced within the South Asian community.



The Stigma Free Volunteers Programme continues to grow and engage communities through the volunteers drive to use their voices to encourage positive change. One of our volunteers joined the Stigma Free Team and Healthy n Happy team to take part in a podcast for Camglen Radio about the lived experience of stigma and the impact this has on a persons mental health journey and recovery.



# Engagement and Participation

## Mental Health and Wellbeing Groups

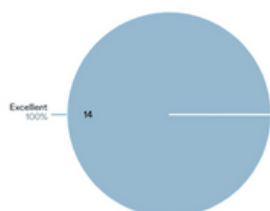
Our Mental Health and Wellbeing groups take place throughout Lanarkshire in the last week of each month and are open to all of our members.

While the Lanarkshire Links team work very hard in promoting these groups the attendance to the groups remain low.

Feedback from these groups is really positive.

Members were asked to rate the therapy that they had just had which in the past 8 weeks all 14 who completed an evaluation form rated the therapy as excellent:

How would you rate the therapy that you took part in? (1 = Poor 5 = Excellent)  
14 Responses



If you want to try a group scan the QR code →

**Lanarkshire Links** Service User and Carer Involvement in Mental Health

### Mental Health & Wellbeing Groups

Our wellbeing groups are not only a space for support and connection, they also offer people with lived experience of mental health challenges, and their carers, a chance to share views on services. These conversations help highlight barriers in accessing support and bring your voice to improve services.

- Informal Peer Support
- Learn about local support
- Self Care
- Chat & Relax with a cuppa
- Holistic Support
- Share your experience of services

**Motherwell Cumbernauld Airdrie**  
**Hamilton Cambuslang Cardowan**

Call for more information and to book  
01698 265 232  
admin@lanarkshirelinks.org.uk

## Feedback on Services

### Access to Services and Barriers

Whilst some participants praised local support systems such as the Distress Brief Intervention Service “DBI have been really good in giving me support really quickly”. Other members identified barriers. One individual explained, “For many years I looked for support to access locally, it is only in recent years that some services have become available due to community organisations pushing for better services.” Another noted their struggles getting past the GP receptionist to getting a ‘normal’ appointment. Transport was highlighted as a common issue: “Transport isn’t good for certain people who are unable to walk a distance.”



# Engagement and Participation

## Engagement and Participation Network

Lanarkshire Links continue to support the development of the E&P network, alongside our partners; North Lanarkshire Disability Forum and Voice of Experience Forum.

The purpose of the Engagement & Participation Network is to increase opportunities for supported people to have their voices heard, be involved with and participate in the design and development of health and social care, with a focus on engaging those from under-represented and marginalised groups.

Lanarkshire Links staff have been able to meet with several grantees from the 3<sup>rd</sup> Cycle of the Growth Pot Fund to carry out introductions and promote local events. This has been an opportunity to share information about the Engagement and Participation Network as well as offer advice and guidance on their responsibilities within the Growth Pot Fund but also general support advice.



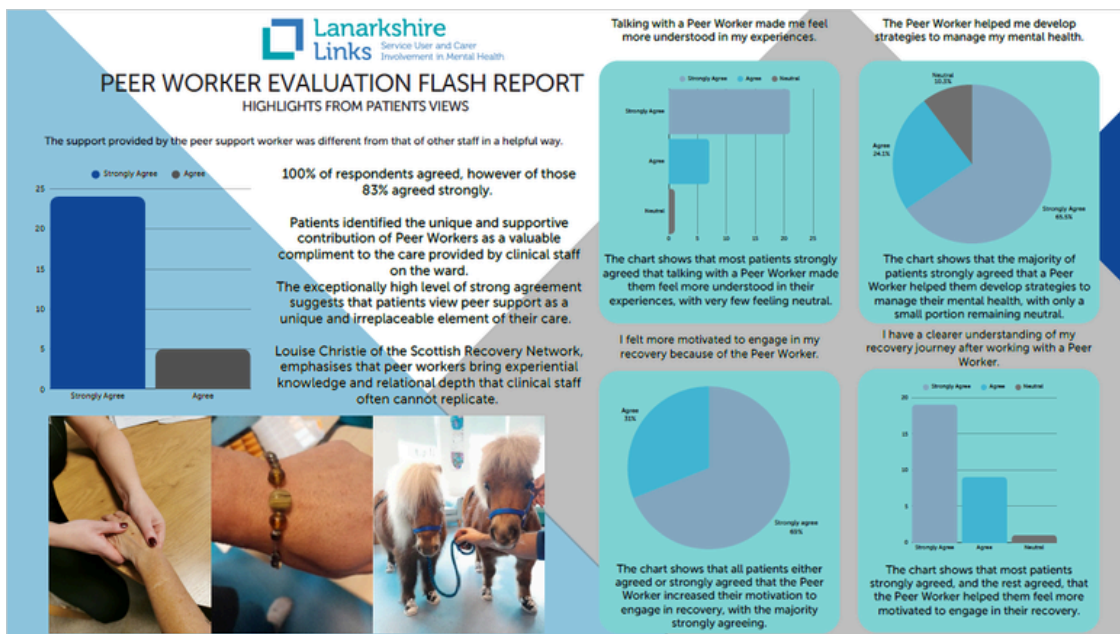
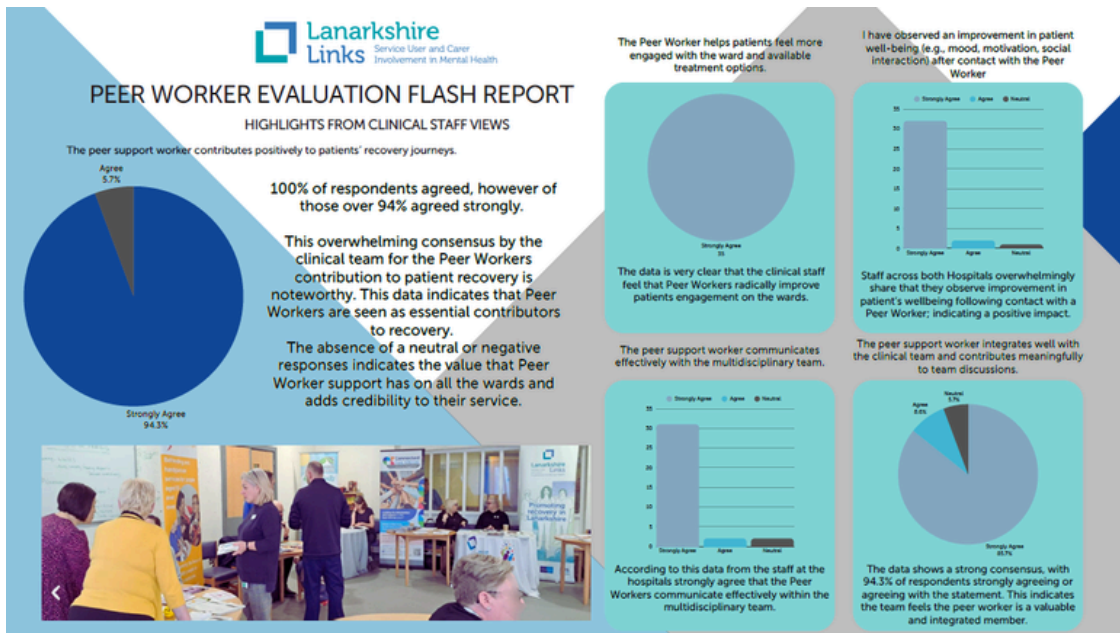
## Organisations we have engaged with

<h3>ADHD Network Scotland</h3> <p>ADHD Network Scotland was created by and for adults living with ADHD. Their mission is to provide practical, trauma-informed support for neurodivergent adults navigating life after diagnosis, especially those excluded from mainstream mental health services or misdiagnosed for years.</p> <ul style="list-style-type: none"> <li>Growth Pot Funding             <ul style="list-style-type: none"> <li>Workshops</li> <li>Awareness sessions</li> <li>Sensory tools</li> <li>Accessibility supports</li> <li>Training</li> </ul> </li> <li>"Skills not just pills"</li> <li>"Creating a sense of belonging, identity, and participation for those who've spent a lifetime on the margins."</li> <li>Network Scotland ADHD</li> </ul>	<h3>Little Blue Suicide Prevention</h3> <p>A peer support service dedicated to providing a safe, supportive, and non-judgemental space for individuals affected by suicidal thoughts, feelings, or experiences. The service is rooted in lived experience and peer-led support, emotional wellbeing, and early intervention.</p> <ul style="list-style-type: none"> <li>Growth Pot Funding             <ul style="list-style-type: none"> <li>Promote recovery</li> <li>Reduce stigma</li> <li>Peer support</li> <li>Group sessions</li> <li>Staff costs</li> </ul> </li> <li>MENTAL HEALTH MATTERS</li> <li>Ensuring that no one feels alone in their struggles.</li> <li>Building community resilience</li> <li>LITTLE blue</li> </ul>	<h3>Sakoon Mind</h3> <p>Our aim is to raise awareness of mental health issues in the South Asian Community. Our goal is to give people information and support regarding various mental health conditions and how we can help them live better emotional, psychological, and social lives.</p> <ul style="list-style-type: none"> <li>Growth Pot Funding             <ul style="list-style-type: none"> <li>Raising awareness</li> <li>Workshops</li> <li>Events</li> <li>Breaking barriers</li> </ul> </li> <li>Sakoon Mind</li> <li>"We are committed to destigmatising mental health issues and providing accessible resources for individuals and families"</li> </ul>
<h3>Project 42</h3> <p>Project 42 is a new community group. Their aims are to deliver art and music workshops across North Lanarkshire to improve health and wellbeing whilst nurturing creativity in a supportive environment.</p> <ul style="list-style-type: none"> <li>Growth Pot Funding             <ul style="list-style-type: none"> <li>Art and music workshops</li> <li>Equipment</li> <li>Hall hire</li> <li>Skill development</li> <li>Improve health and wellbeing</li> </ul> </li> <li>Reducing inequalities</li> <li>Social connection</li> </ul>	<h3>The Good Deed</h3> <p>The Good Deed are committed to improve the quality of life in their community. Their initiative is designed to address key challenges faced by residents in the area, particularly those related to social isolation, engagement, lack of access to facilities and community cohesion.</p> <ul style="list-style-type: none"> <li>Growth Pot Funding             <ul style="list-style-type: none"> <li>Learning activities</li> <li>Catering costs</li> <li>Hall hire</li> <li>Sewing classes</li> <li>Leaflets</li> </ul> </li> <li>Bring people together</li> <li>Connect communities</li> <li>Improve wellbeing</li> </ul>	<h3>Cardowan Community Meadows</h3> <p>We focus on protecting and engaging with the nature on our doorstep to improve the health and wellbeing in our community. Through lived experience and peer support, we advocate for ourselves and those who are under-represented.</p> <ul style="list-style-type: none"> <li>Our Growth Pot Funding             <ul style="list-style-type: none"> <li>Raise awareness</li> <li>Advocate for the community</li> <li>Tackle health barriers</li> <li>Engage with more people</li> <li>Connect with those who are isolated</li> </ul> </li> <li>"It takes a village to raise a child"</li> <li>Health is wealth</li> <li>Empowerment</li> <li>Engagement</li> <li>Advocacy</li> <li>Spread happiness</li> </ul>

# Peer Workers

## Engagement and Participation on the wards

The Peer Workers continue to deliver a high level of recovery focussed discussions and activities on the Wards at Hairmyres and Wishaw, through 389 therapeutic interventions and 1295 one-to-one recovery focussed conversations, since the last AGM.



# Summary

**Lanarkshire Links**  
Service User and Carer Involvement in Mental Health

## Mental Health & Wellbeing Groups

Our wellbeing groups are not only a space for support and connection, they also offer people with lived experience of mental health challenges, and their carers, a chance to share views on services. These conversations help highlight barriers in accessing support and bring your voice to improve services.

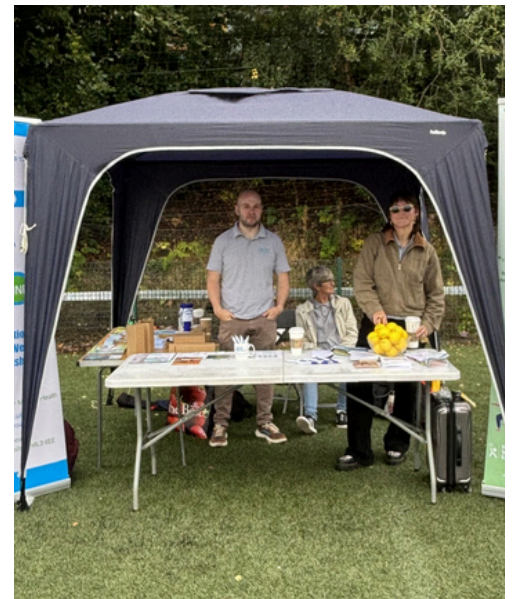
- Informal Peer Support
- Learn about local support
- Self Care
- Chat & Relax with a cuppa
- Holistic Support
- Share your experience of services

**Motherwell Cumbernauld Airdrie  
Hamilton Cambuslang Cardowan**

Call for more information and to book  
01698 265 232  
admin@lanarkshirelinks.org.uk



**Lanarkshire Links**  
Service User and Carer Involvement in Mental Health



**MENTAL HEALTH MATTERS**  
MAGAZINE  
ISSUE 47 / MAY 25

**EQUALSAY ADVOCACY**  
Find out more about the new service on page: 23

**LANARKSHIRE LINKS MEMBERS MEETINGS**  
Quarterly Members Meetings updates.  
Pages: 4-7

**NHS 24**  
NHS 24 offers a range of services to support peers.  
Find out more on page: 19

**NORTH LANARKSHIRE ENGAGEMENT AND PARTICIPATION NETWORK**  
Page: 29

WWW.LANARKSHIRELINKS.ORG.UK

# Statement of Finances

## LANARKSHIRE LINKS

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Current financial year		Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
	Notes					
<b>Income and endowments from:</b>						
Donations and legacies	3	113,672	-	-	113,672	126,434
Charitable activities	5	-	-	333,447	333,447	327,047
Investments	4	8,643	-	-	8,643	4,552
Other income	6	100	-	-	100	250
<b>Total income</b>		<u>122,415</u>	<u>-</u>	<u>333,447</u>	<u>455,862</u>	<u>458,283</u>
<b>Expenditure on:</b>						
Charitable activities	7	135,959	6,506	329,668	472,133	425,766
<b>Total expenditure</b>		<u>135,959</u>	<u>6,506</u>	<u>329,668</u>	<u>472,133</u>	<u>425,766</u>
<b>Net income/(expenditure)</b>		<u>(13,544)</u>	<u>(6,506)</u>	<u>3,779</u>	<u>(16,271)</u>	<u>32,517</u>
Transfers between funds		15,975	17,268	(33,243)	-	-
<b>Net movement in funds</b>	12	<u>2,431</u>	<u>10,762</u>	<u>(29,464)</u>	<u>(16,271)</u>	<u>32,517</u>
<b>Reconciliation of funds:</b>						
Fund balances at 1 April 2024		<u>170,799</u>	<u>8,369</u>	<u>135,909</u>	<u>315,077</u>	<u>282,560</u>
<b>Fund balances at 31 March 2025</b>		<u>173,230</u>	<u>19,131</u>	<u>106,445</u>	<u>298,806</u>	<u>315,077</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 13 to 29 form part of these financial statements.

# Statement of Finances

## LANARKSHIRE LINKS

### BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
<b>Fixed assets</b>					
Intangible assets	15		11,592		-
Tangible assets	16		7,539		8,369
			<u>19,131</u>		<u>8,369</u>
<b>Current assets</b>					
Debtors	17	102,885		90,945	
Cash at bank and in hand		589,404		645,985	
		<u>692,289</u>		<u>736,930</u>	
<b>Creditors: amounts falling due within one year</b>	18	<u>(262,614)</u>		<u>(130,222)</u>	
<b>Net current assets</b>			<u>429,675</u>		<u>606,708</u>
<b>Total assets less current liabilities</b>			<u>448,806</u>		<u>615,077</u>
<b>Creditors: amounts falling due after more than one year</b>	19		<u>(150,000)</u>		<u>(300,000)</u>
<b>Net assets</b>			<u>298,806</u>		<u>315,077</u>
<b>The funds of the charity</b>					
Restricted income funds	22		106,445		135,909
Unrestricted funds - general	24		173,230		170,799
Unrestricted funds - designated	23		19,131		8,369
			<u>298,806</u>		<u>315,077</u>

The notes on pages 13 to 29 form part of these financial statements.

The financial statements were approved by the Trustees on .....

.....  
John Pursley (Vice Chair)  
Trustee

# Statement of Finances

## LANARKSHIRE LINKS

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2025

#### 22 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	At 31 March 2025
	£	£	£	£	£
Stigma Free Lanarkshire	59,135	154,000	(143,472)	(12,000)	57,663
Peer Support Workers - Adults	2,926	74,664	(73,990)	(3,600)	-
Perinatal Mental Health Work	4,196	-	-	-	4,196
Community Health and Wellbeing Fund	8,350	-	(4,071)	(375)	3,904
Mental Health and Wellbeing Officer SL	20,962	-	-	-	20,962
Scottish Mental Health and Film Festival	14,758	13,000	(21,305)	-	6,453
Mental Health and Wellbeing NL Engagement & Participation Network	25,582	22,139	(28,561)	(16,464)	2,696
Awards For All Fund	-	50,000	(49,196)	(804)	-
	-	19,644	(9,073)	-	10,571
	<u>135,909</u>	<u>333,447</u>	<u>(329,668)</u>	<u>(33,243)</u>	<u>106,445</u>
<b>Previous year:</b>	<b>At 1 April 2023</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>At 31 March 2024</b>
	£	£	£	£	£
Stigma Free Lanarkshire	52,167	124,202	(105,234)	(12,000)	59,135
Peer Support Workers - Adults	26,157	74,664	(97,091)	(804)	2,926
Perinatal Mental Health Work	4,196	-	-	-	4,196
Community Health and Wellbeing Fund	-	49,067	(37,717)	(3,000)	8,350
Mental Health and Wellbeing Officer SL	20,962	-	-	-	20,962
Scottish Mental Health and Film Festival	8,442	25,193	(18,877)	-	14,758
Mental Health and Wellbeing NL Engagement & Participation Network	3,042	28,921	(6,381)	-	25,582
	-	25,000	(26,996)	1,996	-
	<u>114,966</u>	<u>327,047</u>	<u>(292,296)</u>	<u>(13,808)</u>	<u>135,909</u>

# Statement of Finances

## LANARKSHIRE LINKS

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2025

---

#### 22 Restricted funds

(Continued)

##### Purposes of Restricted Funds

###### Stigma Free Lanarkshire

Represents funding from NHS Lanarkshire to finance the Stigma Free Lanarkshire Project. Transfers of £12,000 in the year (2024: £12,000) represent management charges transferred to cover eligible costs met by the general fund.

###### Peer Support Workers - Adults

Represents funding received from NHS Lanarkshire to cover the costs of employing, supporting and supervising three Peer Support Workers. Transfers of £3,600 in the year (2024: £Nil) represent management charges transferred to cover eligible costs met by the general fund.

###### Perinatal Mental Health Work

Represents funding received from NHS Lanarkshire for costs relating to the Perinatal Mental Health Work.

###### Community Health and Wellbeing Fund

Represents funding received from VASLAN to run the Community Health and Wellbeing project. Transfers of £375 in the year (2024: £3,000) represent management charges transferred to cover eligible costs met by the general fund.

###### Mental Health and Wellbeing Officer SL

Represents funding received from NHS Lanarkshire to support the employment of a Mental Health & Wellbeing Officer to embed the principles of Good Mental Health for All across the statutory and voluntary sector in South Lanarkshire (Good Mental Health for All, NHS Scotland 2015)

###### Scottish Mental Health and Film Festival

Represents funding received from NHS Lanarkshire towards the costs of supportive resources and promotional work associated with the Scottish Mental Health and Film Festival project.

###### Mental Health and Wellbeing

Represents funding received from NHS Lanarkshire towards costs relating to work associated with Mental Health and Wellbeing work. During the year ended 31 March 2025, £16,464 was transferred to the Designated Fund (Unrestricted) representing purchase of fixed assets (£3,216) and intangible assets (£13,248).

###### NL Engagement & Participation Network

Represents funding received from North Lanarkshire Disability Forum towards costs of supportive resources for activities within community groups. During the year ended 31 March 2025, £804 was transferred to the Designated Fund (Unrestricted) representing purchase of fixed assets.

###### Awards for All Fund

Represents funding received from the National Lottery Community Fund towards the Mental Health Experience Groups helping the community to thrive.

# Statement of Finances

## LANARKSHIRE LINKS

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2025

#### 23 Unrestricted funds - designated

These are the designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

	At 1 April 2024 £	Resources expended £	Transfers £	At 31 March 2025 £
Designated Assets Fund	8,369	(4,850)	4,020	7,539
Designated Intangible Asset Fund	-	(1,656)	13,248	11,592
	<u>8,369</u>	<u>(6,506)</u>	<u>17,268</u>	<u>19,131</u>
<b>Previous year:</b>	<b>At 1 April 2023 £</b>	<b>Resources expended £</b>	<b>Transfers £</b>	<b>At 31 March 2024 £</b>
Designated Assets Fund	10,962	(4,765)	2,172	8,369

#### Purposes of Designated Funds

##### Designated Assets Fund

The Designated Assets Fund represents the net book value of the charity's fixed assets, distinguishing their value from the charity's unrestricted General Fund immediately available for use. During the year ended 31 March 2025, £3,216 was transferred from the Mental Health & Wellbeing Fund (Restricted) and £804 from the NL Engagement & Participation Fund (Restricted) representing the purchase of fixed assets.

##### Designated Intangible Asset Fund

The Designated Intangible Assets Fund represents the net book value of the charity's intangible assets, distinguishing their value from the charity's unrestricted General Fund immediately available for use. During the year ended 31 March 2025, £13,248 was transferred from the Mental Health and Wellbeing Fund (Restricted) representing the purchase of intangible assets.

